



Four Things Make the FIT Program Unique

1. Thorough assessments of clients to help determine appropriate career goals

Unlike other agencies, FIT trains its Case Managers to conduct comprehensive psychosocial, vocational and career interest assessments on each client. These assessments guide clients in realizing their strengths and planning their vocational futures. FIT also utilizes in depth vocational testing, pinpointing individualized interests, workplace values, and occupational abilities to guide the client toward their career goal and psychosocial analysis to identify potential barriers that need to be overcome by the client.

2. Extensive mentoring by Case Managers

We recognize that Case Managers must connect with clients to guide them through the program. During the course of their program at FIT, each client will meet with their Case Manager, one on one, at least fifteen (15) times. By providing individual guidance through compassionate and comprehensive case management, Case Managers mentor clients and help them identify suitable goals and obtain the support they need to pursue these goals.

To maximize the success of our clients, FIT has structured requirements and procedures that enable clients to take ownership in exploring and attaining their future career field. This helps clients build confidence in their ability to accomplish their goal.

3. A program designed with the flexibility to provide a holistic approach

Many agencies use a piecemeal approach to self-sufficiency by paying tuition scholarships, or assistance with childcare or other isolated benefits. However, for the demographics that become FIT clients, this offers nothing more than a stop gap band-aid. What is needed is a holistic approach for clients to once and for all become self-sufficient. That is what FIT does. FIT gives people the tools with which to be able to move into financial stability.

4. Emphasis on collaboration with other agencies to secure the maximum resources for each client

FIT does not duplicate services available elsewhere. FIT staff members go the extra mile to search for community resources and establish collaborations with other agencies to help meet client needs. Case Managers refer clients to dozens of agencies for additional help with such needs as medical care and food and rental assistance to leverage resources available in the community. Only when additional assistance is not available through other resources, will FIT provide the funds needed for supportive services. Last year FIT received referrals from over one hundred and forty (140) different entities.